

COMBO SPECIALS •

Served with shirazi salad, grilled tomatoes, choice of Basmati rice. Choose any two skewers from either side or one skewer from each side.

**Choose 2
From below
\$18.20**

Chicken
Ground Sirloin

**Choose 2
From below
Market Price**

Salmon Shrimp
Wahoo Filet Mignon
Lamb

For a gluten-free diet, ask for no lavash bread.

SIDE ORDER OF GRILLED SKEWERS

Tomato	\$5.50
Vegetable	\$7.50
Potato	\$5.50
Ground Sirloin	\$8.00
Chicken	\$9.25
Filet Mignon	\$12.00
Lamb	\$12.00
Salmon	\$12.25
Wahoo	\$12.25
Shrimp	\$9.50
Artichoke	\$8.50
French Fries	\$4.25

SIDES OF RICE

Small / Large

White Basmati Rice	\$5.75 / \$7.75
Herb Basmati Rice	\$6.25 / \$8.50

DESSERT

SIDE

Baklava	\$4.00	Grilled Corn	\$4.00
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BEVERAGES

Soda	\$3.00	Doogh	\$4.00
Iced Tea	\$3.00	Hot Tea	\$4.00
Snapple	\$4.00	Turkish Coffee	\$4.25



All of our meats, poultry, and seafood are grilled over Mesquite charcoal. Mesquite is an all-natural wood without additives or impurities.

The phenomenal popularity of mesquite is its unique ability to sear the food with high, dry heat, locking in natural juices, and adding delicate flavor.



WE OFFER CATERING SERVICES FOR ANY OCCASION. CALL US FOR EASY PICK-UP, DELIVERY, OR ON-SITE CATERING. OUR PASSION IS FOOD, AND YOUR SATISFACTION IS OUR REWARD!

CARMEL VALLEY

3870 Valley Centre Dr, Ste 303
San Diego, CA 92130
858-793-0705

LA JOLLA

1030 Torrey Pines Rd, Ste C
San Diego, CA 92037
858-456-9576

MIRA MESA

6755 Mira Mesa Blvd, Ste 101
San Diego, CA 92121
858-452-1990



marketplacegrille.com

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CARMEL VALLEY

858-793-0705



The Thrille of the Grille

*All meats cooked over
mesquite charcoal*

LUNCH • DINNER

Free Delivery
with a minimum of
\$15 within a 3 mile radius

marketplacegrille.com

APPETIZERS

Small / Large

For a gluten-free diet, substitute pita for cucumbers/carrots.

Hummus ● ● ● \$6.75 / \$10.50

Made with chickpeas, tahini, olive oil, and garlic. Served with pita bread. For a low-carb option, ask for cucumbers and carrots.

Tabouleh ● ● ● \$6.75 / \$10.50

Freshly made salad with parsley, tomatoes, green onion, garlic, and bulgur with olive oil and freshly squeezed lime juice. Served with pita bread.

Shirazi ● ● ● \$6.75 / \$10.50

Freshly made salad with cucumber, tomatoes, onion, and parsley with olive oil and freshly squeezed lime juice. Served with pita bread.

Baba Ghanoush ● ● ● \$6.75 / \$10.50

Our famous eggplant dip is roasted over a charcoal mesquite fire and blended with yogurt and tahini. Served with pita bread.

Falafel (6 qty) ● ● ● \$7.50

Samosa (6 qty) ● ● ● \$10.50

SALADS

All salads include lavash bread. For a gluten-free diet, ask for no lavash bread.

Greek Salad ● ● ● \$10.00

Romaine lettuce, tomatoes, red onion, kalamata olives, feta cheese, and our homemade vinaigrette dressing.

Caesar Salad ● ● ● \$9.00

Romaine lettuce, parmesan cheese, caesar dressing.

House Salad ● ● ● \$8.75

Iceberg lettuce, tomatoes, cucumbers, carrots, red cabbage, and our famous house dressing.

Spinach Salad ● ● ● \$9.65

Spinach, feta cheese, tomatoes, and a homemade honey vinaigrette dressing.

Add a skewer to any of the above salads.

Chicken, Ground Sirloin, or Vegetable \$6.25

Filet Mignon, Lamb, Salmon, or Wahoo \$9.50

\$1.00 charge for substitution. Prices subject to change without notice.

* NEW ITEM | ● = VEGETARIAN | ● = GLUTEN-FREE | ● = LACTOSE FREE | MP = MARKET PRICE

SOUPS

Small / Large

Chicken Soup ● ● ● \$6.50 / \$9.50

Our homemade chicken soup is made of potato, zucchini, squash, carrot, celery, tomato, corn, bell pepper, onion, and chicken in a spicy curry broth.

Vegetable Barley Soup \$6.50 / \$9.50

Slow simmering barley soup made with whole wheat barley, spinach, cilantro, and lentils.

Soup & Salad Combo \$14.00

ENTREES ● ● ● White / Herb / Brown Rice

Served with a fresh garden salad, house dressing, lavash bread, and choice of white or herb Basmati rice. For a gluten-free diet, ask for no lavash bread.

Chicken	\$17.05 / \$17.55
Ground Sirloin	\$16.05 / \$16.80
Salmon	\$20.00 / \$20.50
Wahoo	\$20.00 / \$20.50
Shrimp	\$16.50 / \$17.00
Filet	\$19.00 / \$19.50
Lamb	\$19.00 / \$19.50
Vegetable	\$15.75 / \$16.25
Falafel	\$13.00 / \$13.50

TONY'S SPECIAL ● ● ●

Grilled assorted vegetable skewer with tomato, onion, yellow squash, and zucchini over iceberg lettuce and shirazi salad accompanied with your choice of meat. Served with lavash bread.

Chicken \$18.10

Ground Sirloin \$18.10

Salmon \$21.00

Wahoo \$21.00

Filet \$20.10

Lamb \$20.10

Shrimp \$19.50

For a gluten-free diet, ask for no lavash bread.

BOWLS

White / Herb

Bowls are served with tabouleh on top of white or herb Basmati rice and lavash bread. For a gluten-free diet, substitute the tabouleh for shirazi salad and no lavash bread.

Chicken	\$12.40 / \$12.90
Ground Sirloin	\$12.40 / \$12.90
Salmon	\$14.65 / \$15.15
Wahoo	\$14.65 / \$15.15
Shrimp	\$14.00 / \$14.30
Filet	\$16.00 / \$17.00
Lamb	\$16.00 / \$17.00
Vegetable	\$12.15 / \$12.65

CRISPY BOWLS White / Herb

Served in a crispy lavash bread bowl filled with a choice of white or herb Basmati rice, lettuce, shirazi salad, and baba ghanoush. For a gluten-free diet, substitute the crispy lavash bread for a regular bowl.

Chicken	\$15.00 / \$15.50
Ground Sirloin	\$15.00 / \$15.50
Salmon	\$16.75 / \$17.25
Wahoo	\$16.75 / \$17.25
Shrimp	\$15.50 / \$16.25
Filet	\$17.75 / \$18.25
Lamb	\$17.75 / \$18.25
Vegetable	\$15.00 / \$15.50

WRAPS

Our wraps are served on whole wheat lavash bread. Includes lettuce, tomatoes, cucumber, pickle, red cabbage, onion, mayo, and house dressing. Add hummus or baba ghanoush for \$0.75.

Chicken	\$14.25
Ground Sirloin	\$14.25
Salmon	\$16.50
Wahoo	\$16.50
Shrimp	\$14.95
Filet	\$16.00
Lamb	\$16.00
Falafel	\$12.50

Veggie Wrap ● \$12.00

In addition to the above ingredients, we add spinach, feta cheese, carrots, and walnuts.



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