

## COMBO SPECIALS

Served with shirazi salad, grilled tomatoes, choice of Basmati rice. Choose any two skewers from either side, or one skewer from each side.

**Choose 2**  
**\$14.70**

Chicken  
Ground Sirloin

**Choose 2**  
**\$19.20**

Salmon Shrimp  
Wahoo

For a gluten free diet, ask for no lavash bread.

## SIDE ORDER OF GRILLED SKEWERS

Tomato .....	\$3.70
Vegetable .....	\$5.45
Potato .....	\$4.00
Ground Sirloin .....	\$5.85
Chicken .....	\$6.75
Filet Mignon .....	\$9.25
Lamb .....	\$9.25
Salmon .....	\$9.65
Wahoo .....	\$9.65
Shrimp.....	\$7.65

## SIDES OF RICE

Small / Large

Basmati White Rice .....	\$4.50 / \$6.50
Basmati Herb Rice.....	\$5.00 / \$7.25

## DESSERT

## SIDE

Baklava .....	\$3.50	Grilled Corn ....	\$3.25
---------------	--------	-------------------	--------

## BEVERAGES

Soda.....	\$2.25	Turkish Coffee...	\$3.50
Iced Tea.....	\$2.25	Doogh .....	\$2.75
Snapple .....	\$2.75	Hot Tea.....	\$2.50



*All of our meats, poultry and seafood are grilled over Mesquite charcoal. Mesquite is an all-natural wood without additives or impurities.*

*The phenomenal popularity of mesquite is due to its unique ability to sear the food with high, dry heat, locking in natural juices and adding delicate flavor!*



WE OFFER CATERING SERVICES FOR ANY OCCASION. CALL US FOR EASY PICK-UP, DELIVERY OR ON-SITE CATERING. OUR PASSION IS FOOD AND YOUR SATISFACTION IS OUR REWARD!

### MIRA MESA

6755 Mira Mesa Blvd, Ste 101  
San Diego, CA 92126  
858-452-1990

### LA JOLLA

1030 Torrey Pines Rd, Ste C  
San Diego, CA 92037  
858-456-9576

### CARMEL VALLEY

3870 Valley Centre Dr, Ste 303  
San Diego, CA 92130  
858-793-0705



marketplacegrille.com

Like us on Facebook

## MIRA MESA

858-452-1990



*The Thrille of the Grille*

*All meats cooked over  
mesquite charcoal*

LUNCH • DINNER

**Free Delivery**  
with a minimum of  
\$15 within a 3 mile radius

marketplacegrille.com

## APPETIZERS

Small / Large

For a gluten free diet, substitute pita for cucumbers/carrots.

**Hummus** ● ● ● \$5.75 / \$8.95

Made by chickpeas, tahini, olive oil, and garlic. Served with pita bread. For a low-carb option, ask for cucumbers/carrots.

**Tabouleh** ● ● ● \$5.75 / \$8.95

Freshly made salad of parsley, tomatoes, green onion, garlic, and bulgur with olive oil and freshly squeezed lime juice. Served with pita bread.

**Shirazi** ● ● ● \$5.75 / \$8.95

Freshly made salad of cucumber, tomatoes, onion, and parsley with olive oil and freshly squeezed lime juice. Served with pita bread.

**Babaghanoush** ● ● ● \$5.75 / \$8.95

Our famous eggplant dip! Eggplants roasted over charcoal mesquite fire and blended with yogurt and tahini. Served with pita bread.

## SALADS

All salads include lavash bread. For a gluten free diet, ask for no lavash bread.

**House Green with Feta** ● ● ● \$9.15

Romaine lettuce, tomatoes, red onion, kalamata olives, feta cheese, and our homemade vinaigrette dressing.

**Caesar Salad** ● ● ● \$8.25

Romaine lettuce, parmesan cheese, caesar dressing.

**House Green Salad** ● ● ● \$7.90

Iceberg lettuce, tomatoes, cucumbers, carrots, red cabbage, and our famous house dressing.

**Spinach Salad** ● ● ● \$9.15

Spinach, feta cheese, tomatoes, and a homemade honey vinaigrette dressing.

Add a skewer to any of the above salads.

**Chicken, Ground Sirloin, or Vegetable** \$3.75

**Filet Mignon, Lamb, Salmon, or Wahoo** \$6.50

## SOUPS

Small / Large

**Chicken Soup** ● ● ● \$5.25 / \$8.50

Our homemade chicken soup is made of potato, zucchini, squash, carrot, celery, tomato, corn, bell pepper, onion, and chicken in a spicy curry broth.

**Vegetarian Barley Soup** \$5.25 / \$8.50

Slow simmering barley soup made with whole wheat barley, spinach, cilantro and lentils.

**Soup & Salad Combo** \$9.75

## ENTREES ● ● ● White / Herb / Brown Rice

Served with a fresh garden salad, house dressing, lavash bread and choice of Basmati rice. For a gluten free diet, ask for no lavash bread.	Chicken . . . . . \$13.55 / \$14.05
	Ground Sirloin . . \$12.80 / \$13.30
	Salmon . . . . . \$16.00 / \$16.50
	Wahoo . . . . . \$16.00 / \$16.50
	Shrimp . . . . . \$14.00 / \$14.50
	Filet . . . . . \$15.50 / \$16.00
	Lamb . . . . . \$15.50 / \$16.00
	Vegetable . . . . . \$12.65 / \$13.15

## "TONY'S SPECIAL" ● ● ●

Grilled assorted vegetable skewer with tomato, onion, yellow squash and zucchini over iceberg lettuce and shirazi salad accompanied with choice of meat. Served with lavash bread.

**Chicken** . . . . . \$14.90

**Ground Sirloin** . . . . . \$14.90

**Salmon** . . . . . \$17.90

**Wahoo** . . . . . \$17.90

**Filet** . . . . . \$16.90

**Lamb** . . . . . \$16.90

**Shrimp** . . . . . \$16.90

For a gluten free diet, ask for no lavash bread.

## BOWLS

White / Herb

Bowls are served with tabouleh on top of Basmati rice and lavash bread. For a gluten free diet, substitute the tabouleh for shirazi salad and no lavash bread.

Chicken . . . . .	\$10.65 / \$11.15
Ground Sirloin . .	\$10.65 / \$11.15
Salmon . . . . .	\$12.65 / \$13.15
Wahoo . . . . .	\$12.65 / \$13.15
Shrimp . . . . .	\$11.80 / \$12.30
Filet . . . . .	\$14.25 / \$14.75
Lamb . . . . .	\$14.25 / \$14.75
Vegetable . . . . .	\$10.65 / \$11.15

## CRISPY BOWLS

White / Herb

Served in a crispy lavash bread bowl, filled with choice of Basmati rice, lettuce, shirazi salad, and babaghanoush. For a gluten free diet, substitute the crispy lavash bread for a regular bowl.

Chicken . . . . .	\$12.50 / \$13.00
Ground Sirloin . .	\$12.50 / \$13.00
Salmon . . . . .	\$14.00 / \$14.50
Wahoo . . . . .	\$14.00 / \$14.50
Shrimp . . . . .	\$13.15 / \$13.65
Filet . . . . .	\$15.00 / \$15.50
Lamb . . . . .	\$15.00 / \$15.50
Vegetable . . . . .	\$12.50 / \$13.00

## WRAPS

Our wraps are served on whole wheat lavash bread. Includes lettuce, tomatoes, cucumber, pickle, red cabbage, onion, mayo and house dressing. Add hummus or babaghanoush for \$0.75

Chicken . . . . .	\$11.50
Ground Sirloin . . .	\$11.00
Salmon . . . . .	\$13.25
Wahoo . . . . .	\$13.25
Shrimp . . . . .	\$12.30
Filet . . . . .	\$12.75
Lamb . . . . .	\$12.75

**Veggie** ● \$9.65

In addition to the above ingredients, we add spinach, feta cheese, carrots, and walnuts.

**Warm Veggie** ● \$10.90

Grilled assorted vegetables.



marketplacegrille.com

\$1.00 charge for substitution. Prices subject to change without further notice.

\* NEW ITEM | ● = VEGETARIAN | ● = GLUTEN FREE | ● = LACTOSE FREE | MP = MARKET PRICE

Rev. 04.14.2018